

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2026

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<p>10:45 Exercise Class 1</p> <p>11:15 Hattie Caraway</p> <p>12:45 Church Service</p> <p>3:30 Penny Bingo</p> <p>6:00 The Grammy's Watch Party</p> <p>Tu B'Shevat Begins</p>	<p>10:45 Fitness Class 2</p> <p>11:15 About Groundhogs</p> <p>12:45 Groundhog Dessert & Trivia</p> <p>3:30 Coffee & Chat</p> <p>6:00 Music: Frank Sinatra</p> <p>Groundhog Day</p>	<p>10:45 Flex & Stretch 3</p> <p>10:15 Winnie the Dog</p> <p>12:45 February Jeopardy Trivia</p> <p>3:30 Wheel of Fortune</p> <p>6:00 Touched by an Angel</p>	<p>10:45 Cardio Class 4</p> <p>11:15 50 States in 50 Weeks</p> <p>12:45 Remembering a Day at the Hairdresser</p> <p>3:30 Puzzle Mania</p> <p>6:00 Movies & Popcorn</p>	<p>10:45 Weights Class 5</p> <p>11:15 What's Your Animal?</p> <p>12:45 All About Bobsledding</p> <p>3:30 Gentleman's Club</p> <p>6:00 Table Games: Uno</p>	<p>10:45 Seated Yoga 6</p> <p>11:15 Book Club</p> <p>12:45 Winter Olympic Games History & Discussion</p> <p>4:30 Winter Olympic's Watch Party</p> <p>6:00 Manicures & Mocha</p>	<p>10:45 Saturday Stroll 7</p> <p>11:15 News Currents</p> <p>12:45 Art with Val (The Beautiful and the Bold)</p> <p>3:30 Oodles of Doodles</p> <p>5:00 Weekend Wine-down</p>
<p>10:45 Exercise Class 8</p> <p>11:15 Dorothy Hamill</p> <p>12:45 Who Am I? H.T.</p> <p>3:30 February Bingo</p> <p>6:00 Super Bowl Watch Party</p>	<p>10:45 Fitness Class 9</p> <p>11:15 When Peanuts Meet Chocolate</p> <p>12:45 Who Am I? M.H.</p> <p>3:30 Coffee & Chat</p> <p>6:00 Music: Love Songs</p>	<p>10:45 Flex & Stretch 10</p> <p>11:15 Paper Heart Wreath Craft</p> <p>12:45 Robert's Rules</p> <p>3:30 Trivia</p> <p>6:00 YouTube Watch Party</p>	<p>10:45 Cardio Class 11</p> <p>11:15 50 States in 50 Weeks</p> <p>12:45 Who Am I? Chinese New Year Edition</p> <p>3:30 Puzzle Mania</p> <p>6:00 Movies & Popcorn</p>	<p>10:45 Weights Class 12</p> <p>11:15 Lighting Up the New Year</p> <p>12:45 The Lunar New Year Around the World</p> <p>3:30 Gentlemen's Club</p> <p>6:00 Table Games: Poker</p>	<p>10:45 Seated Yoga 13</p> <p>11:15 Book Club</p> <p>12:45 Lovable Birds</p> <p>3:30 Bird Feeder Craft</p> <p>6:00 Manicures & Mocha</p>	<p>10:45 Saturday Stroll 14</p> <p>11:15 The History of Valentine's Day</p> <p>12:45 Famous Love Letters</p> <p>3:30 Love is in the Air Trivia</p> <p>5:00 Weekend Wine-down</p> <p>Valentine's Day</p>
<p>10:45 Exercise Class 15</p> <p>11:15 The History of Sweet Potato Pie</p> <p>12:45 Church Service</p> <p>3:30 Prize Bingo</p> <p>6:00 Hymn Sing</p>	<p>10:45 Fitness Class 16</p> <p>11:15 The History of Hail to the Chief</p> <p>12:45 The First Ladies Trivia</p> <p>3:30 Coffee & Chat</p> <p>6:00 Music: Johnny Cash</p> <p>Presidents' Day (U.S.)</p>	<p>10:45 Flex & Stretch 17</p> <p>10:15 Winnie the Dog</p> <p>12:45 Mardi Gras T-shirt Craft</p> <p>3:30 Mardi Gras Krewes</p> <p>6:00 Highway to Heaven</p> <p>Mardi Gras</p>	<p>10:45 Cardio Class 18</p> <p>11:15 50 States in 50 Weeks</p> <p>12:45 Travelogue: New Orleans</p> <p>3:30 Puzzle Mania</p> <p>6:00 Movies & Popcorn</p>	<p>10:45 Weights Class 19</p> <p>11:15 The King of Motown: Smokey Robinson</p> <p>12:45 Carl Perkins</p> <p>3:30 Gentleman's Club</p> <p>6:00 Table Games: Blackjack</p>	<p>10:45 Seated Yoga 20</p> <p>11:15 Book Club</p> <p>12:45 Star of the Month: Sidney Poitier</p> <p>3:30 Hitster</p> <p>6:00 Manicures & Mocha</p>	<p>10:45 Saturday Stroll 21</p> <p>11:15 News Currents</p> <p>12:45 Art with Val (All the Art Movements that Shaped our World)</p> <p>3:30 Build-Zi</p> <p>5:00 Weekend Wine-down</p>
<p>10:45 Exercise Class 22</p> <p>11:15 Winter Olympics Trivia</p> <p>12:45 Who Am I? J.O.</p> <p>3:30 Double Card Bingo</p> <p>6:00 Hymn Sing</p>	<p>10:45 Fitness Class 23</p> <p>11:15 February Modern Jeopardy</p> <p>12:45 It's Cupcake Day!</p> <p>3:30 Coffee & Chat</p> <p>6:00 Music: Fats Domino</p>	<p>10:45 Flex & Stretch 24</p> <p>11:15 Random February Trivia</p> <p>12:45 Connect Four</p> <p>3:30 Trivia</p> <p>6:00 Little House on the Prairie</p>	<p>10:45 Cardio Class 25</p> <p>11:15 Brody the Dog (10:30am)</p> <p>12:45 50 States in 50 Weeks</p> <p>3:30 Puzzle Mania</p> <p>6:00 Movies & Popcorn</p>	<p>10:45 Weights Class 26</p> <p>11:15 John Williams</p> <p>12:45 Historical Places of the Civil Rights Movement</p> <p>3:30 Gentleman's Club</p> <p>6:00 Table Games: Spades</p>	<p>10:45 Seated Yoga 27</p> <p>11:15 Book Club</p> <p>12:45 Hello. I'm Johnny Cash</p> <p>3:30 Grab the Mic</p> <p>6:00 Manicures & Mocha</p>	<p>10:45 Saturday Stroll 28</p> <p>11:15 News Currents</p> <p>12:45 Art with Val (The Birth of Venus by Botticelli)</p> <p>3:30 Crossword</p> <p>5:00 Weekend Wine-down</p>